

**2012**  
**EXTREME TEAM**  
**TIER SYSTEM**



**TIER:** none

**CLASS:** candidate

**INSIGNE:** none

**ACCEPTANCE CRITERIA:**

- Submit application (subject to review, no guarantee of acceptance)
- Those who are accepted as XT Candidates and have already satisfied the criteria for advancement are appointed automatically to Tier 5

**CRITERIA FOR ADVANCEMENT:**

- Pass an athlete interview

**REWARD FOR SUCCESSFUL COMPLETION:**

- Appointment to Tier 5
- SUM BELLATOR ATHLETA insigne
- XT tech shirt
- Profile on XT website
- Additional rewards TBD



**TIER: 5**

**CLASS: Warrior**

**INSIGNE: Sum Bellator Athleta**

**CRITERIA FOR ADVANCEMENT:**

- 10hr Challenge (schedule date for testing)
- 25m Underwater Swim
- 3 races within the WARRIOR CLASS list of races  
*Comparable races MAY be accepted, but must be approved prior to the actual race*
  - Ironman Lake Placid
  - Ironman Canada
  - Ironman St. George
  - Laurel Highlands 70.5 Mile Ultra
  - Grand Tetons 100
  - Peak Ultra Challenge
  - Alcatraz Challenge
  - Great Chesapeake Bay 4.4 Mile Swim
  - Zane Grey 50
  - Silver State 50
  - White River 50
  - Mt Hood PCT 50
  - Leona Divide 50
  - Quicksilver 50

**REWARD FOR SUCCESSFUL COMPLETION:**

- Advancement to Tier 4
- SUM ATHLETA GRANITUM insigne
- XT hat
- Updated profile on XT website
- Additional rewards TBD
- Recognition Ceremony



**TIER: 4**

**CLASS: Granite**

**INSIGNE: Sum Athleta Granitum**

**CRITERIA FOR ADVANCEMENT:**

- 24hr Challenge (schedule date for testing)
- COMPLETION of any 3 of the following 5:
  - Double Ironman
  - Ultraman
  - Deep water retrieval confidence course
  - 10K Open Water Swim
  - 100 mile trail run
- 3 races within the GRANITE CLASS list of races  
*Comparable races MAY be accepted, but must be approved prior to the actual race*
  - Ironman Hawaii World Championship
  - Massanutten Mountain Trails 100
  - Mount Rushmore Trail 100
  - Wasatch Front 100
  - Horsetooth Open Water 10k
  - Untamed VA
  - Bear 100
  - Plain 100
  - The BEAR
  - Swim Miami
  - Bridge to Bridge swim
  - Death Race Winter
  - Odyssey Endorphin Fix

**REWARD FOR SUCCESSFUL COMPLETION:**

- Advancement to Tier 3
- SUM ATHLETA FERREUM insigne
- Updated profile on XT website
- Additional rewards TBD
- Recognition Ceremony



**TIER: 3**

**CLASS: Iron**

**INSIGNE: Sum Athleta Ferreum**

**CRITERIA FOR ADVANCEMENT:**

- Death Race
- Ultraman World Championship
- 24hr+ Challenge (schedule date for testing)
- COMPLETION of any 3 of the following 5:
  - Triple Ironman
  - Shiver Fest (30 minutes of extremely cold temperature with submersion every 5 minutes)
  - 50K River Run (must stay in the water the entire time)
  - 5K Death Crawl (kneeling or standing is instant DQ)
  - 100+ Mile Trail Run
- 3 races within the IRON CLASS list of races
  - Comparable races MAY be accepted, but must be approved prior to the actual race*
  - Hardrock 100 (Run)
  - Leadville Trail 100 (Run)
  - Leadville Trail 100 (Bike)
  - Adirondack 540
  - Pittsfield Snowshoe Marathon
  - Peak Races 200 mile Funeral Run
  - Gold Rush Adventure Challenge
  - Western States 100
  - Arrowhead
  - Barkley Marathons
  - Odyssey Endorphan Fix

**REWARD FOR SUCCESSFUL COMPLETION:**

- Advancement to Tier 2
- SUM ATHLETA ADAMANTEUS insigne
- Updated profile on XT website
- EnMu membership discount for life
- Additional rewards TBD
- Recognition Ceremony



**TIER: 2**

**CLASS: Steel**

**INSIGNE: Sum Athleta Adamanteus**

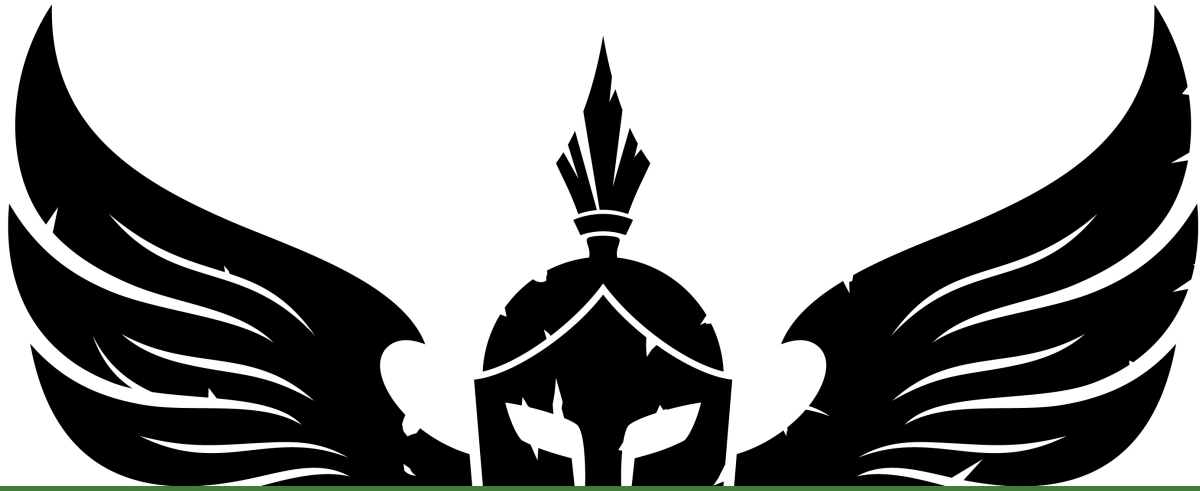
**CRITERIA FOR ADVANCEMENT:**

- Every single Tier option MUST be completed PLUS each of the following:
- Badwater
- RAAM (solo)
- Manhattan Island Swim (solo) - OR - In Search of Memphre Swim
- Worlds Toughest Mudder
- Adventure Race World Series (any event)
- Epic 5

*You must be an OFFICIAL FINISHER of each event.*

**REWARD FOR SUCCESSFUL COMPLETION:**

- Advancement to Tier 1
- SUM INVICTUS ATHLETA insigne
- Updated profile on XT website
- Official EnMuXT member for life
- EnMu membership for life
- Additional rewards TBD
- Recognition Ceremony
- Knowledge that you are one of only a handful of human beings ever in existence, anywhere on the entire planet, with the fitness, determination, strength, endurance, overall health, mental toughness, good karma, and general means to get anywhere even remotely close to attaining this level of lifetime achievement in endurance sport. You have proven yourself beyond all measure.



**TIER: 1**

**CLASS: Invincible**

# **Sum Invictus Athleta**